








The best leaders in the world lead themselves and others to higher levels. We call them **100X Leaders**—those who are moving towards 100% health and multiplying that health by sharing their knowledge and skills to their circles of influence.

To explain this, we use the metaphor of a Sherpa on Mt. Everest. The Sherpa people have a genetic predisposition to higher altitudes, which means they can climb higher and longer than normal climbers. They have the ability to lead themselves and others up the mountain.

**This is what defines a great leader — someone who does their own work while helping others do theirs for the benefit of all.**






## What You'll Receive

This intentional 12-month process is designed to help you be the best leader you can be in each of your circles of influence. Here's how:

-  Access to weekly **30 minute video training** focused on learning & practical tools
-  A weekly **100 Exercise** focused on helping you improve your own personal leadership
-  A weekly **X Challenge** focused on helping you take what you have learned to impact others immediately
-  Every other week, a one-hour **core group session** aimed at deepening understanding & application while providing accountability on the journey
-  Access to the **GiANT** platform, including additional **live training sessions** with industry experts, and membership to a **Sherpa Training Group** with leaders from around the world

Sherpa Training is a weekly learning system mixed with practical tools to help you achieve higher levels of performance, self-awareness, and practical solutions for the real life issues you face.

## The Benefits

-  Actively invest in your own growth to become the best leader you can be
-  Systematic, proven process for developing optimal health & high-performance
-  Real-world & immediate application of what you are learning each week
-  Regular connection & support from a group of leaders walking through the process with you
-  Low cost\* — only \$249/month  
\$199/month for Non-Profits

\*US dollars

### Launches March 2022

Limited Spots Available • 12-Month Commitment



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